

**PERINATAL SUBSTANCE ABUSE PREVENTION (PSAP)
SUBCOMMITTEE MINUTES
September 21, 2007**

SUBCOMMITTEE MEMBERS PRESENT

Terrence McGaw, M.D.
Maggie Carlton, Senator
John Hiatt, Ph.D.
Colleen Morris, M.D.
Susan Doctor, Ph.D.
T.J Rosenberg
Charlene Herst, Bureau of Community Health (BCH)
David Gremse, Proxy for Beverly Neyland

SUBCOMMITTEE MEMBERS ABSENT

Maria Canfield, Chief, Substance Abuse Prevention and Treatment Agency (SAPTA)
Candice Kidd

STATE HEALTH DIVISION STAFF PRESENT

Muriel Kronowitz, Perinatal Substance Abuse Prevention (PSAP) Coordinator, Bureau of Family Health Services (BFHS)
Kyle Devine, Child and Adolescent Health Coordinator, BFHS
Victor Lamas, Administrative Assistant 1, BFHS

OTHERS PRESENT

Allen Mandel, M.D., Nevada Early Intervention Services (NEIS)
Coni Kalinowski, M.D., Mojave Mental Health Clinics (MMHC)
Cynthia Dietrick, R.N., MMHC
Lorraine Vazquez, Parent, Rural Mental Health Consortium (RMHC)
Mandy Lundy, FASD Coordinator, Lili Claire Foundation

CALL TO ORDER

Dr. Terrence McGaw called the Perinatal Substance Abuse Prevention (PSAP) Subcommittee meeting to order at **9:35 a.m.** The meeting was videoconferenced at the Nevada State Health Division, 4150 Technology Way, Suite 153, Carson City and the Bureau of Licensure & Certification (BLC), 4220 S. Maryland Parkway, Building D, Suite 810, Las Vegas, Nevada. This was a public meeting, and the public was invited to make comments. In accordance with the Open Meeting Law, this meeting was posted at the following locations: Bureau of Family Health Services (BFHS), Carson City; Nevada State Health Division (NSHD), Carson City; Nevada State Library and Archives, Carson City; Washoe County District Health Department (WCDHD), Reno; Elko County Library, Elko; BLC, Las Vegas; and the Health Division Website: www.health.nv.gov

Introductions were made around the table.

APPROVAL OF MINUTES FROM MEETING OF JULY 12, 2007

Senator Maggie Carlton motioned to approve the July 12, 2007 minutes. Dr John Hiatt seconded. **MOTION APPROVED**

PSAP SUBCOMMITTEE CO-CHAIR REPORT

Dr McGaw spoke about an ongoing collaboration with Shelly Young, site coordinator for Dr. Ira Chasnoff, Director of The Children's Research Triangle to implement Fetal Alcohol Spectrum Disorders (FASD) training in the Reno area. Dr. Chasnoff, in partnership with the National Organization on Fetal Alcohol Syndrome (NOFAS) was awarded funds by the Maternal and Child Health Bureau, Health Resources Service Administration/US Department of Health and Human Services to develop a series of training programs for community and maternal child health sites. The goal is to develop prevention and early intervention strategies to prevent FASD with primary care patients. In northern Nevada the Pregnancy Center and the Health Access Washoe County (HAWC) have been selected as primary care sites. The program hopes to impact the medical practice in three different areas. The first is in prevention training that will teach clinic personnel how to communicate the message that there is no safe amount of alcohol use during pregnancy using prevention and education materials. The second is training all prenatal care providers to screen pregnant women for alcohol use and all children health providers to screen for evidence of FASD. The third goal is FASD training of all providers in strategies for ensuring access to early and appropriate intervention services to support their patients. Dr McGaw stated a clinic leadership training team is being put together and will meet for three and a half day training in January with Dr. Chasnoff. Dr. Chasnoff will then return to Reno about six weeks later to observe the progress of the two sites training implementation and give the team feedback.

AMERICAN COLLEGE OF GYNECOLOGY (ACOG) TOOL KITS TRAINING SCHEDULE PROGRESS

Dr. McGaw stated a decision had been made to pilot the American College of Gynecology (ACOG) training in his office and then ob/gyn practices in Reno and Carson City. Ultimately the intent is to expand the ACOG training to southern Nevada. Muriel Kronowitz reported she and Dr. McGaw would be talking to the executive director of the Nevada chapter of March of Dimes (MOD) requesting funds or in kind services to honor and acknowledge the practice which has been outstanding in using the ACOG training to reach women. They would be honored at the MOD yearly banquet and presented with plaques. Dr. McGaw requested a commitment from each of the subcommittee members to participate in at least one of the ACOG outreach trainings. Ms. Kronowitz will coordinate the project and inform subcommittee members of upcoming trainings. Senator Carlton suggested partnering with Planned Parenthood to reach their participants. Charlene Herst suggested also including the Huntridge Teen clinic in Las Vegas.

DISCUSSION AND POSSIBLE DECISION(S) TO EXPAND PSAP MEMBERSHIP TO INCLUDE AN EDUCATION MEMBER AND ADDITIONAL MEMBERS

Dr. McGaw stated Janie Lowe is no longer with the subcommittee. The request to expand the PSAP subcommittee by three members was approved by the Maternal and Child Health Advisory Board (MCHAB) and reappointed Dr. McGaw as co-chair. Ms. Kronowitz stated by legislative mandate, the replacement member must be from the Department of Education. Frankie McCabe, from the Nevada Department of Education (DOE) will be contacted to see if she is interested in becoming a member. Lorraine Vazquez, Rural Mental Health Consortium (RMHC) chairperson stated she is interested in being a member and there will be times when she will have to teleconference into meetings. Dr. Allan Mandell with Nevada Early Intervention Services (NEIS) stated

Johnette Oman with NEIS is interested in being a subcommittee member. Ms. Kronowitz stated she would also follow-up with Dr. Pettinger from the Reno/Sparks Indian Colony to see if she would be interested in becoming a member. Ms. Herst motioned to recommend Ms. Vazquez and Ms. Oman to the MCHAB to become subcommittee members and to move forward and ask the other nominees to become members prior to sending the recommendation to the MCHAB. Dr. Doctor seconded. **MOTION APPROVED.** Senator Carlton added that individuals who agree to serve as members should be committed to the mission of PSAP. Dr. Colleen Morris echoed that sentiment.

IMPLEMENTATION OF FETAL ALCOHOL SPECTRUM DISORDER (FASD) CLINICS PROGRESS REPORT WITH A DISCUSSION ABOUT MOJAVE MENTAL HEALTH CENTER BEING A DIAGNOSTIC SITE AS WELL

Dr. Morris stated the Center for Disease Control and Prevention (CDC) FASD taskforce will be coming out with recommendations for prenatal prevention using the ACOG tool Kit. The task force will also be recommending treatment for individuals who have FASD. With respect to the FASD clinics, she believes the increase in funds will double the number of FASD clinics that can be done in Las Vegas starting in January of 2008, thus reducing the waiting list. The expansion of the clinics will take more time to implement in Reno than expected in order to assemble the northern team. A problem identified and will need help with is getting the Division of Child and Family Services (DCFS) at the county level to collaborate with the clinics because they are overwhelmed with their workload and are not able to properly identify the children who need to be referred to the clinics. Dr. Morris stated NEIS does not have space to hold the FASD clinics. Dr. Mandell stated Dr. Jenny McKay has expressed an interest in being part of the northern team. Dr. Morris stated the team consists of a neuropsychologist, a professional who is able to administer structured interviews, a developmental specialist or a psychiatrist, a professional who would do the physical diagnosis, and a social worker who would help the family follow-thru with the action plan. The clinic would need two examination rooms, one testing room for the neuropsychologist, and one interview room. The team meeting which takes place after the children leave can take place in one of the rooms previously stated. Dr. Morris stated she is delighted to know the Mojave Mental Health Centers (MMHC) are interested in obtaining training in diagnosing FASD. MMHC would not only be an important site for identifying FASD but also for treatment of individuals. One of the points needed to be addressed is whether the MMHC facility would be able to hold the clinics in northern Nevada and if they would have available personnel to help. Ms. Kronowitz stated if MMHC is going to be involved it would be helpful to know what data MMHC collects. Dr. Morris will be sending Ms. Kronowitz the email address of the person who collects the data for Las Vegas in her office. Ms. Kronowitz will also obtain a copy of the data collected in the MMHC from Coni Kalinowski. Dr. Morris stated the subcommittee would also need to know if MMHC would be able to hold the clinics for the same budget per clinic as in Las Vegas. There is money in the budget specifically for the start up cost of clinics in Reno. Ms. Kalinowski stated MMHC would need to know the specifics of the model being used and what would be needed. Dr. Morris and Mandy Lundy with the Lili Claire Foundation will meet with Ms. Kalinowski to go over the details.

Dr. Morris stated the Lili Claire Foundation has received funding thru the Trust Fund for Public Health to do a pilot project for social skills training for individuals who have FASD and parent training. The goal is to have a model to take to respective areas such as

mental health clinics, NEIS and the school districts. One of the findings in the first training was that the most important part was parent training not the hands on social skill given to the child. The project will eventually be established in northern Nevada as well. Ms. Vazquez stated it would also be helpful to reach the rural areas using technology to transmit the trainings. Ideas to transmit the trainings via videoconference, teleconference and website based meetings were discussed. Dr. Morris stated the Substance Abuse and Mental Health Service Administration (SAMHSA) FASD Center of Excellence and the National Organization on Fetal Alcohol Syndromes (NOFAS) websites are good resources for parents. Dr. McGaw stated the Trust Fund for Public Health grant is an easily obtainable grant from a grant writing perspective and could be an avenue of funding to provide training in the rural areas. The request for proposal (RFP) comes out in January or February and closes in March 2008. Dr. Morris stated the Trust Fund for Public Health committee made it clear that the purpose of the funding once the training is developed would be to simulate the model. Ms. Kronowitz will look into finding some one to write a grant to include broadcasting the trainings to the rural areas.

UPDATE BY PSAP COORDINATOR

Ms. Kronowitz stated the first FASD awareness day was held on September 9th and thanked the Lili Claire Foundation for their efforts in Las Vegas. She stated she would like to form a workgroup from the subcommittee to help create events for next year. Ms. Kronowitz stated a proposal was sent to the MOD in collaboration with Nevada Public Health Foundation. The proposal is for \$25,000 dollars to host the first FASD/ Healthy Baby Summit in March of 2008.

The following meetings were scheduled for November 8, 2007; January 18, 2008; February 15, 2008; and March 21, 2008.

SUBCOMMITTEE RECOMMENDATIONS TO STAFF

Recommendations to staff were given throughout the meeting.

PUBLIC COMMENT AND DISCUSSION

No Public comments were made.

Meeting adjourned at **11:05 pm.**